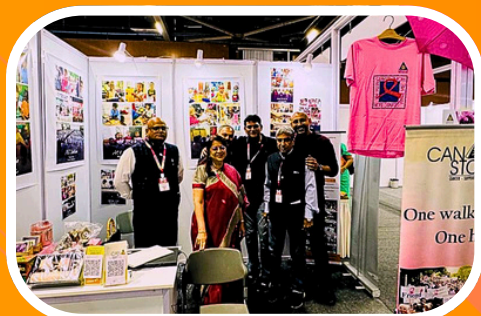
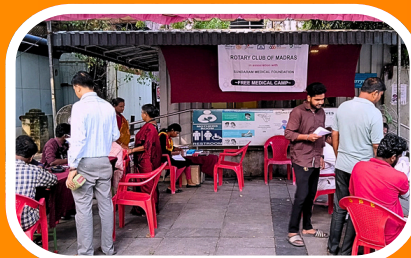
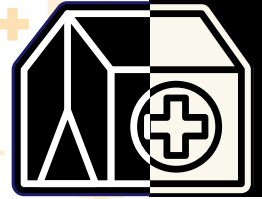
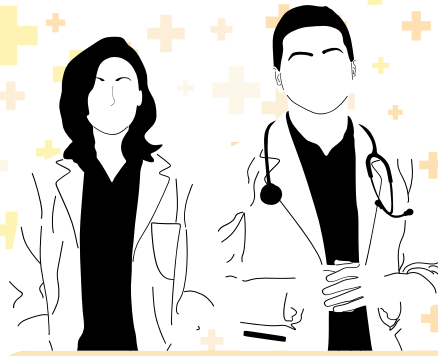


COMMUNITY SERVICE

DEPARTMENT
MONTHLY REPORT **AUG 2025**



MEDICAL CAMP



Medical Camp @Villivakkam



Rotary Club of Chennai Grand & Sundaram Medical Foundation Organized Free Medical Camp On August 03, 2025 @Goodwill School villivakkam

in this camp Totally 87 Beneficiaries are benefited. The camp offered a range of medical services, including BP Check, CBG & hemoglobin tests, and general screening, Dental, ENT.

Total Of **87**
Beneficiaries
Were benefited From These Medical Camp

Medical Camp @His/Her Place, T.Nagar



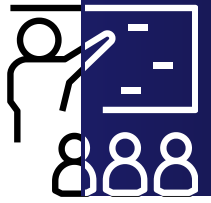
The Rotary Club of Madras in Collaboration with Sundaram Medical Foundation conducted a free medical camp on August 28, 2025, at His/Her Place T.Nagar, Chennai. The camp offered a range of medical services, including BP Check, CBG & hemoglobin tests, and general screening. President Rtn Nikhil Raj, Rtn Arjun Ananth & Abdul Kareem are visited the camp.

In 2025
Total Of **136**
Beneficiaries
Were benefited From These Medical Camp

Total Worth Of
RS.5450/-
Medicines Were Distributed



STEP PROGRAM



THE COMMUNITY SERVICE DEPARTMENT OF SUNDARAM MEDICAL FOUNDATION ORGANIZED A STEP PROGRAM ON 2ND AUGUST 2025, SATURDAY



The session featured expert talks by Dr. Swathi Padankatti, Senior Paediatrician, and Ms. Archana, Lactation Counsellor, who shared valuable insights on child health and lactation. The programme saw the active participation of 40 attendees, making it an informative and engaging event.



The session saw active engagement, with several attendees coming forward to ask questions and clarify doubts, particularly regarding breastfeeding techniques, the importance of exclusive breastfeeding, challenges faced by new mothers, and the role of nutrition in improving lactation.



YOGA SESSION



The Community Service Department of Sundaram Medical Foundation organized yoga sessions at the Adi Dravidar Tribal Welfare School (SAP School) for students from 6th to 9th standard. Led by Mrs. Selvam, a volunteer from CANSTOP, the sessions were conducted every Tuesday and Thursday. The initiative aimed to promote physical and mental well-being among the students.

It fostered a healthy and balanced lifestyle, benefiting the young participants. The sessions were designed to support the holistic development of the students. Regular yoga practice helped students develop discipline and focus.



PLASTIC WASTE MANAGEMENT



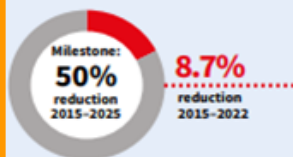
The Tamil Nadu Pollution Control Board (TNPCB) launched an awareness program to educate students about plastic's environmental impact, and Sundaram Medical Foundation's Community Service Department partnered with Bisleri CSR to implement the Plastic Zero Waste Management initiative. Through this joint effort, 120 kg of plastic waste was collected in August 2025, promoting environmental responsibility and reducing plastic waste in the community.

REACH FOUNDATION



WHO End TB Strategy: 2025 milestones

TB INCIDENCE RATE



NUMBER OF TB DEATHS



PERCENTAGE OF PEOPLE WITH TB FACING CATASTROPHIC TOTAL COSTS*



In the month of August,
25 people have utilized the tuberculosis intervention service.



CANCER AWARENESS



Breast Cancer Awareness was given to the people @Goodwill School, villivakkam on 3rd Aug 2025.

The Session was taken by Volunteer Mrs Vijaya Mahendran, totally 20 people were benefitted.

CAN-STOP STALL @TRADE CENTRE



#Rotary LEAD 2025

CANSTOP proudly participated in LEAD 2025, organized by Rotary, on August 23 & 24, 2025.

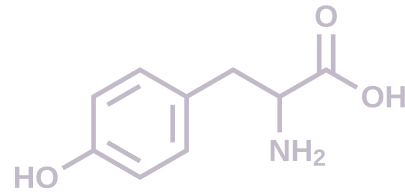
At our stall, we presented information about CANSTOP's mission, projects, and upcoming events, along with promotional materials such as T-shirts, pamphlets, and awareness resources. We were privileged to interact with Rotary leaders, distinguished guests, and many enthusiastic visitors who showed keen interest in our activities, particularly the "One Walk One Hope" Breast Cancer Awareness initiative.



The stall received encouraging responses, creating opportunities for collaboration and support from various stakeholders. We extend our sincere gratitude to Rotary for providing us this platform. The event offered valuable exposure, insights, and networking that will further strengthen CANSTOP's mission of spreading awareness and hope.



NUTRITION PROJECT



CANSTOP consistently visited the Institute of Obstetrics and Gynecology (IOG) and the Institute of Child Health and Hospital (ICH) on Tuesdays, Thursdays & Saturdays.

Distributed Tender Coconuts at IOG, with a total value of Rs.27540/- in the month of Aug



Our dedicated team offers crucial support, focusing on nutrition education and continuous counseling to empower patients.

Provided Pediasure at ICH, With a total value of Rs.8800/- in the month of Aug

Protein



Art & Play Therapy



At ICH, CANSTOP's art and play therapy sessions spark smiles on young patients' faces, as they explore creativity through crafts and fun activities, bringing happiness amidst treatment.

Cannest Home



CANNEST Home accommodated 310 families in August 2025, providing a supportive environment and engaging activities for children through volunteer and social worker efforts.



Janmashtami

We celebrated Krishna Janmashtami with the kids dressed up in traditional attire as Krishna and Radha.



Drug Bank



In the month of August, we provided emergency vaccine support to Baby Keerthi with a total value of Rs. 2199/-

Hope Chest



Sarees,	Toys,
Bedsheets,	Books,
Nighties,	Pillows,
Petticoats,	Tiffen Boxes,
Sandals,	Kettles,
Slippers,	Flasks,
Towels,	Water bottles,
Toiletries,	Kitchen utensils & appliances

Note: Make sure the items are in good condition

Join us and make your contributions to the cancer patients at Govt. Hospitals.

CANSTOP's Hope chest provides essential things for the cancer patients & their parents at IOG & ICH to lead their regular lives happily . In the month of August 2025, a total of 5 families got help from the Hope Chest.



SPONSORS DETAIL



S.No	Sponsors	Project	Amount
1	Dayachandh Malhothra	Cannest	20000
2	Mrs. Vijaya Mahendran	Cannest	1000
3	Mrs Indhumadhi Vasudevan	Cannest	1000
4	Mr Anatharaman	Cannest	549
Total			22549

IN-KIND SPONSORS



IN - KIND SPONSORS			
S.NO	SPONSORS	PARTICULARS	WORTH IN RUPEES
1	Mrs Selvam	Garlic 1kg	350
3	Mrs Darshana	Oil 20 ltr, Moondal 10kg, Sambardal 10kg, Rawrice 25kg, Whiteurad gram 10kg, Idly rice 25kg	9000
5	Century Flour Mill	Soji - 25packets, Wheat flour - 25 packets	6925
7	Chennai food Bank	Boiled rice 75kg	3500
Total			19775



VOLUNTEER CONTRIBUTION

CANSTOP Team extends heartfelt gratitude to our dedicated volunteers, whose tireless passion, unwavering commitment, and infectious enthusiasm have been the driving force behind the triumph of our programs.

**Volunteers - Mrs.Origanti, Mrs.Selvam, Mrs Vijaya
Mahendran, Dr. Senthil, Mrs.Indhumathi, Mrs
Grishma,**

HELPLINE SERVICE

Totally 178 calls were received in the CAN-STOP Help line number
100 Calls for STEP Program
04 Calls for Counseling
138 Calls for ABC Interschool Competition
04 Calls for Blood request at Government Hospital



**For more information
contact us through:
044-26284256 /9941007688**



**For your kind contribution:
CAN-STOP is eligible for 50%
Tax Exemptions under Section
80G of Income Tax Act.
Cheques can be drawn in
favour of CAN-STOP**

